



DEPARTMENT OF THE ARMY  
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I have been an instructor for the anti-bullying program "Breaking Out of the World Game, Elan Enterprises" at W. R. Farrington High School for three years. Although skeptical at first, I can now attest to the effectiveness of this program personally and professionally. My personal interactions and comments are described below.

First and foremost this program has impacted my personnel beliefs and behaviors. Understanding the impact of positive feedback I have made a concentrated effort to ensure that I practice the techniques of positive feedback in my daily interactions with others. At home the impact on three year-old granddaughter can be seen in her cheerful disposition and positive responses to restrictions placed upon her. To make a long story short I just wish I had this training prior to raising my own children.

In the classroom I see students, who are very hungry for a positive feedback, excel because they now believe in themselves. They are more willing to try something different, speak in front of others, and avoid put-downs. Students that have had the training can be easily reminded of the negative effects of their teasing and put-downs by referring to the curriculum. Students can easily recognize a bullying episode and take action to prevent it.

I feel this awareness, which was newly acquired through the program, is probably the most beneficial gift each participant receives. I really can not attest to a decrease or a overall change in serious negative behaviors but the one thing I can attest to is the awareness of what is bullying and how it impacts others. The first step in making a change or solving a problem is to identify the problem. Once the problem is identified work on finding solutions and implementing change can occur. The "world game" has been played by generations and it will take generations to resolved it. This program begins by educating this generation of young adults so that they are able to recognize bullying and its impact allowing them to begin the long journey of overcoming it.

As a retired Army nurse I have personally experienced the outcomes of war and I am committed to this program. I strongly believe in this program and will do everything to ensure that others are educated about the "world game". Everyone must be able to recognize bullying and its long term effects. It is also my belief that this program should be taught at the 5<sup>th</sup> or 6<sup>th</sup> grade level before the negative effects of bullying.

A handwritten signature in black ink, appearing to read "Antoinette Correia", is written over a horizontal line.

LTC (ret) Antoinette Correia  
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